

The Quebec Obsessive Compulsive Disorder Foundation's professional resources list

Compiled by Kieron O'Connor, Cathy Léveillé, Édith St-Jean-Trudel and Annie Taillon

The information appearing on this list was retained via surveys. That is, it was selected by our team solely on the basis of its relevance, and no particular screening procedure was performed. People interested in seeking professional services from any of the specialists appearing on this list need to contact these professionals directly or seek further assistance from the *Ordre des Psychologues du Québec* - (514) 738-1881; 1-800-363-2644. The Quebec Obsessive Compulsive Disorder Foundation as well as the scientific advisors and their research team do not, under any circumstances, take any responsibility for any given services.

Chaudière-Appalaches

Poulin, Stéphanie

Address: Polyclinique Médicales des Ponts, 1100, boulevard de la Rive Sud, Suite 120, St-Romuald

Telephone: (418) 834-1177

Email: steph.poulin@sympatico.ca

Profession: Clinical psychologist

Theoretical approach: cognitive-behavioral psychology

Specialization(s): OCD management, assessment, treatment

Other disorder(s): Habit disorders, hypochondriasis, compulsive buying

Clienteles: Adolescents, adults

Language: French

Lanaudière

Cormier, Francine

Address: 557, Ponsard St., Repentigny & Clinique Médicale du Boisé, 275A, Paradis St., Suite 6, Repentigny

Telephone: (450) 654-6250 & (450) 603-0896

Email: fcormier.psy@videotron.ca

Profession: Clinical psychologist

Theoretical approach: Cognitive-behavioral psychology

Specialization(s): Assessment, treatment, advice/support

Other disorder(s): Tics, habit disorders, compulsive hoarding, hypochondriasis

Clienteles: Children, adolescents, adults, elderly

Languages: French, English

Eastern Townships

Forest, Gilles

Address: 81, Fauteux St., Sherbrooke

Telephone: (819) 564-3232

Email: g.forestpsy@sympatico.ca

Profession: Clinical psychologist

Theoretical approaches: cognitive-behavioral psychology;

psychodynamic/analytic psychology; neuropsychology

Specialization(s): OCD management, assessment, treatment, advice/support, education

Other disorder(s): -

Clienteles: Adults, elderly

Languages: French, English

Richard, Caroline

Address: 685, Woodward St., Sherbrooke

Telephone: (819) 565-5370

Email: crichardmps@sympatico.ca

Profession: Clinical psychologist

Theoretical approaches: Cognitive-behavioral psychology; neuropsychology

Specialization(s): Assessment and treatment of ADHD, anxiety and mood disorders management; OCD management, assessment and treatment.

Other disorder(s): -

Clientele: Adults

Languages: French, English

Laurentides

Leblanc, Vicky

Addresses:

206, chemin de la Grande-Côte, Boisbriand

298, boul. Labelle, Suite 104, St-Jérôme

21, Dubois, Suite 55, Sainte-Thérèse

Telephone: (450) 438-3838

Email: vickyleblanc06@hotmail.com

Profession: Clinical psychologist

Theoretical approach: Cognitive-behavioral psychology

Specialization(s): OCD management, evaluation, treatment, advice/support, education

Other disorder(s): -

Clienteles: Children, adolescents, adults, elderly

Languages: French, English

Laval

Bouthillier, Donald MEMBER OF THE FOUNDATION!

Address: 3030 boulevard Le Carrefour, suite 903, Laval

Telephone: (514) 774-7304

Email: dbouthillier@internet.uqam.ca

Profession: Clinical psychologist

Theoretical approaches: Cognitive-behavioral psychology; cognitive-developmental psychology

Specialization(s): OCD management, assessment, treatment, advice/support, education

Other disorder(s): Hypochondriasis

Clienteles: Adolescents, adults

Language: French

Grenier, Sébastien MEMBER OF THE FOUNDATION!

Address: Clinique d'Anxiété de Laval, 255, Boulevard Concorde W., Suite 206, Laval

Telephone: (450) 629-5992

Profession: Clinical psychologist

Theoretical approach: Cognitive-behavioral psychology

Specialization(s): Assessment, treatment, education, research

Other disorder(s): Compulsive hoarding, compulsive buying

Clienteles: Adolescents, adults, elderly

Language: French

Mauricie

Langlois, Frédéric MEMBER OF THE FOUNDATION!

Address: Psychology departement, Université du Québec à Trois-Rivières, C.P. 500, Trois-Rivières

Telephone: (819) 376-5011 ext. 3557

Email: frederic.langlois@uqtr.ca

Profession: Clinical psychologist

Theoretical approach: Cognitive-behavioral psychology

Specialization(s): OCD management, assessment, treatment

Other disorder(s): Compulsive hoarding, hypochondriasis, generalized anxiety disorder

Clientele: Adults

Language: French

Montérégie

Bissonnette, Nathalie

Address: Centre de Psych. Bissonnette & associés, 195, St-Charles St. W, Suite 202, Longueuil

Telephone: (450) 679-9989

Email: psychologiebissonnette@qc.aira.com

Profession: Clinical psychologist

Theoretical approach: Cognitive-behavioral psychology

Specialization(s): Treatment

Other disorder(s): Generalized anxiety disorder, addictions, post-traumatic stress disorder

Clienteles: Adolescents, adults

Languages: French, English

Guay, Isabelle MEMBER OF THE FOUNDATION!

Address: 458, St-Charles ave., Suite 204, Vaudreuil

Telephone: (450) 510-2807

Email: i.guay@videotron.ca

Profession: Clinical psychologist

Theoretical approach: Cognitive-behavioral psychology

Specialization(s): OCD management, evaluation, treatment, advice/support, education

Other disorder(s): Compulsive buying, body dysmorphic disorder, habit disorders, hypochondriasis

Clientele: Adults

Language: French

Montreal

Aardema, Frederick

Address: 7331, Hochelaga St., Montreal

Telephone: (514) 662-5116

Email: aardema@info-montreal-psychologist.com

Website: <http://www.info-montreal-psychologist.com>

Profession: Clinical psychologist

Theoretical approach: Cognitive-behavioral psychology

Specialization(s): OCD management, assessment, treatment

Other disorder(s): OCD spectrum disorders, anxiety, depression, panic disorder, phobias, tics

Clientele: Adults

Language: English

Adler, Perry S. J. MEMBER OF THE FOUNDATION!

Address: 4115, Sherbrooke St. West, Westmount

Telephone: (514) 738-3732

Email: perry@hebb.psych.mcgill.ca

Profession: Clinical psychologist

Theoretical approach: Cognitive-behavioral psychology

Specialization(s): OCD management, evaluation, treatment, advice/support, education

Other disorder(s): Compulsive hoarding, compulsive buying, habit disorders, hypochondriasis

Clienteles: Adolescents, adults, elderly

Languages: English, French

Bleau, Pierre

Address: 1650 Cedar ave., Montreal

Telephone: (514) 934-1934, ext. 31794

Email: pierre.bleau@mcgill.ca

Profession: Psychiatrist

Theoretical approaches: Cognitive-behavioral psychology; psychopharmacology

Specialization(s): Evaluation, treatment

Other disorder(s): -

Clienteles: Adults, elderly

Languages: English, French

Bolduc, Daniel MEMBER OF THE FOUNDATION!

Address: Centre de Psychologie Béaviorale, 1575, Henri-Bourassa W, Suite 210, Montreal

Telephone: (514) 284-2214 ext. 3225

Email: cpb210@bell.com

Profession: Clinical psychologist

Theoretical approach: Cognitive-behavioral psychology

Specialization(s): OCD management, assessment, treatment, advice/support, education

Other disorder(s): Hypochondriasis

Clientele: Adults

Languages: French, English

Brisson, Linda

Address: Centre de Psychologie Behaviourale, 1575, Henri-Bourassa W, Suite 210, Montreal
Telephone: (514) 336-5562
Email: cpb@bellnet.ca
Profession: Clinical psychologist
Theoretical approach: Cognitive-behavioral psychology
Specialization(s): Assessment treatment, advice/support
Other disorder(s): Tics, compulsive hoarding, hypochondriasis
Clientele: Adults
Language: French

Centre d'Étude sur les Troubles Obsessionnels-Compulsifs et les Tics du Centre de Recherche Fernand-Seguin de l'Hôpital Louis-H. Lafontaine

Address: 7331 Hochelaga St., Montreal
Telephone: (514) 251-4015 ext. 3585
Email: kbergeron.crfs@sss.gouv.qc.ca
Website: www.hlhl.qc.ca/recherche.html
Theoretical approach: Cognitive-behavioral psychology
Specialization(s): Research project on the treatment of OCD, Tics, Gille de la Tourette Syndrome and habit disorders.
Other disorder(s): Body dysmorphic disorder, delusional disorders and eating disorders.
Clientele: Adults and adolescents
Languages: French and English

Duchesne, Chantal

Address: 1025, St-Joseph St. E, Montreal
Telephone: (514) 382-9267
Profession: Clinical psychologist
Theoretical approach: Cognitive-behavioral psychology
Specialization(s): Treatment
Other disorder(s): Tics, hypochondriasis
Clientele: Adults
Language: French

Gagnier, Nadia

Address: 306, Place d'Youville, Suite C-12, Montreal, QC
Telephone: (514) 286-8253
Email: nadia.gagnier@internet.uqam.ca
Profession: Clinical psychologist
Theoretical approach: Cognitive-behavioral psychology
Specialization(s): OCD management, assessment, treatment, advice/support, education
Other disorder(s): -
Clienteles: Children, adolescents, adults
Languages: French, English

Greenstone, Harriet

Address: 5142 Cavendish, Côte-St-Luc & 7005 Kildare Road, Suite 8, Côte-St-Luc
Telephone: (514) 695-8118
Email: centremdc@bellnet.ca
Profession: Clinical psychologist
Theoretical approaches: Cognitive-behavioral psychology; psychopharmacology
Specialization(s): OCD management, assessment, treatment, advice/support, education
Other disorder(s): Tics, habit disorders, compulsive hoarding, hypochondriasis, compulsive buying
Clienteles: Children, adolescents, adults
Languages: English

Kalogeropoulos, Dennis

Address: 5858, Côte-des-Neiges, Suite 312, Montreal
Telephone: (514) 733-4959, ext. 223
Email: dkalog@sympatico.ca
Profession: Clinical psychologist
Theoretical approaches: Cognitive-behavioral psychology; psychopharmacology
Specialization(s): OCD management, treatment, advice/support, education
Other disorder(s): Tics, habit disorders, compulsive hoarding, hypochondriasis, compulsive buying
Clienteles: Children, adolescents, adults
Languages: English, Greek

Leblanc, François

Address: 1025, St-Joseph E, Montreal
Telephone: (514) 382-9267
Profession: Clinical psychologist
Theoretical approach: Cognitive-behavioral psychology
Specialization(s): Anxiety disorders in general
Other disorder(s): Hypochondriasis
Clienteles: Adolescents, adults
Languages: French, English

Lemieux, Marie-Josée

Address: Centre de Consultation Psychopédagogique, Sanctuaire du Mont-Royal, 6100, Du Boisé, Suite 104, Montreal
Telephone: (514) 992-2897
Email: mjlemieux@sympatico.ca
Profession: Clinical psychologist
Theoretical approach: Cognitive-behavioral psychology
Specialization(s): OCD management, assessment, treatment, advice/support, education
Other disorder(s): -
Clientele: Adults
Language: French

Lévesque, Mireille

Address: 520 Cherrier St., Suite 301, Montreal
Telephone: (514) 202-2447
Email: mirelevesque@hotmail.com
Profession: Clinical psychologist
Theoretical approaches: Cognitive-behavioral psychology; existential-humanist psychology
Specialization(s): OCD management, assessment, treatment, advice/support, research
Other disorder(s): Tics, habit disorders, compulsive hoarding, hypochondriasis, compulsive buying, gambling, body dysmorphic disorder
Clienteles: Adolescents, adults, elderly
Language: French

Marquis, Rachel MEMBER OF THE FOUNDATION!

Address: Centre Médical St-Urbain, 3875 St-Urbain St., Montreal
Telephone: (514) 288-0408
Email: r.marquis@sympatico.ca
Profession: Clinical psychologist
Theoretical approaches: Cognitive-behavioral psychology; existential-humanist psychology
Specialization(s): OCD management, assessment, treatment, education, research
Other disorder(s): Tics, compulsive hoarding, post-traumatic stress disorder
Clienteles: Adolescents, adults, elderly
Languages: French, English

Martin, Annick

Address: 7691A, boulevard Lasalle, Lasalle
Telephone: (514) 595-8083
Email: annick_martin@hotmail.com
Profession: Clinical psychologist
Theoretical approaches: Cognitive-behavioral psychology; psychopharmacology
Specialization(s): OCD management, assessment, treatment, education
Other disorder(s): Tics, compulsive hoarding, compulsive buying, habit disorders, hypochondriasis, and eating disorders
Clienteles: Children, adolescents, adults, elderly
Languages: French, English

Miller, Sydney B.

Address: 85, Roxton Crescent St., Montreal
Email: drsmiller@sympatico.ca
Telephone: (514) 483-4621
Profession: Clinical psychologist
Theoretical approach: Cognitive-behavioral psychology
Specialization(s): Assessment, treatment, education
Other disorder(s): Compulsive hoarding, hypochondriasis, compulsive buying
Clienteles: Adolescents, adults, elderly
Languages: English, French

Nguyen, Bich Ngoc

Address: 1030, Cherrier, Suite 208, Montreal
Telephone: (514) 526-1648
Email: bichnguyen@sympatico.ca
Profession: Psychiatrist
Theoretical approach: Psychopharmacology
Specialization(s): Assessment, treatment
Other disorder(s): -
Clientele: Adults
Languages: French, English

Obsessive-Compulsive Disorder Clinic of the McGill University Health Center (MUHC)

Address: 1025 Pine Avenue West, Montreal
Telephone: (514) 934-1934 ext. 34290
Email: Debbie.Sookman@mcgill.ca
Theoretical approach: Cognitive-behavioral psychology
Specialization(s): Research project on the treatment of OCD (free)
Other disorder(s): OC spectrum disorders
Clienteles: Children, adolescents, adults
Languages: English, French

O'Connor, Kieron MEMBER OF THE FOUNDATION!

Address: 7331, Hochelaga St., Montreal
Telephone: (514) 251-4015, ext. 2343
Email: kieron.oconnor@umontreal.ca
Profession: Clinical psychologist
Theoretical approach: Cognitive-behavioral psychology
Specialization(s): OCD management, assessment, education, treatment, research
Other disorder(s): Tics, habit disorders, compulsive hoarding, hypochondriasis, compulsive buying, body dysmorphic disorder, delusional disorders
Clienteles: Adults, adolescents
Languages: English, French

Pélissier, Marie-Claude

Address: 1940, Henri-Bourassa E, Suite 322, Montreal
Telephone: (514) 575-2644
Email: mcpelissier@gmail.com
Profession: Clinical psychologist
Theoretical approach: Cognitive-behavioral psychology
Specialization(s): Assessment treatment, advice/support, education, research
Other disorder(s): Tics, habit disorders, compulsive hoarding, trichotillomania
Clientele: Adults
Languages: French, English

Prokop, Christopher

Address: Medi-Centre de Montreal-Ouest, 31, Westminster, Montreal
Telephone: (514) 949-3774
Profession: Clinical psychologist
Theoretical approach: Cognitive-behavioral psychology
Specialization(s): Treatment, research
Clientele: Adults
Languages: French, English

Radomsky, Adam MEMBER OF THE FOUNDATION!

Address: 4115, Sherbrooke St. West, Suite 410, Westmount
Telephone: (514) 738-3732
Profession: Clinical psychologist
Theoretical approach: Cognitive-behavioral psychology
Specialization(s): OCD management, assessment, education, treatment, research
Other disorder(s): Tics, habit disorders, compulsive hoarding, hypochondriasis, anxiety disorders, phobias, mood disorders
Clientele: Adults
Language: English

Rivard, Éliane

Address: 2100, Marlowe ave., Suite 616, Montreal
Telephone: (514) 214-8478
Profession: Clinical psychologist
Theoretical approach: Cognitive-behavioral psychology
Specialization(s): OCD management, assessment, treatment
Other disorder(s): Habit disorders, tics, gambling
Clientele: Adults
Languages: English, French

Taillefer, Alain

Address: 1025, boulevard St-Joseph East, Montreal
Telephone: (514) 791-3596
Email: ataillefer@hotmail.com
Profession: Clinical psychologist
Theoretical approaches: Cognitive-behavioral psychology; existential-humanist psychology
Specialization(s): Evaluation, treatment
Other disorder(s): Gambling
Clienteles: Adolescents, adults
Language: French

Taillon Annie

Address: Centre de Médecine Intégrée
2040, boulevard Marcel-Laurin, bureau 240, Montréal
Telephone: 514-727-5395
Email: taillon.annie@gmail.com
Profession: Clinical psychologist
Theoretical approaches: Cognitive-behavioral psychology
Specialization(s): OCD management, assessment, treatment education, research
Other disorder(s): Spectrum of OCD disorders, anxiety and mood disorders
Clienteles: Adults, adolescents (16 years and over)
Languages: French, English

Viezel, Magda

Address: 5025, Sherbrooke W, Westmount
Telephone: (514) 482-3666
Email: magda_viezel@hotmail.com
Profession: Clinical psychologist
Theoretical approach: Cognitive-behavioral psychology
Specialization(s): OCD management, assessment, treatment
Other disorder(s): Habit disorders, compulsive hoarding, hypochondriasis, compulsive buying
Clienteles: Children, adolescents, adults, elderly
Language: English

Outaouais

Daigle-Bélanger, Nancy

Address: Groupe Conseil Y2, 125, Wellington St., Gatineau
Telephone: (819) 777-7744
Email: nancy.daigle.belanger@y2cg.ca
Profession: Clinical psychologist
Theoretical approach: Cognitive-behavioral psychology
Specialization(s): -
Other disorder(s): -
Clientele: Adults
Languages: French, English, Spanish

Gauvreau, Philippe

Address: 179, Notre-Dame St., Maniwaki
Telephone: (819) 463-1214
Email: philippe_gauvreau@hotmail.com
Profession: Clinical psychologist
Theoretical approaches: Cognitive-behavioral psychology; existential-humanist psychology; EMDR
Specialization(s): OCD management, assessment treatment
Other disorder(s): Habit disorders, body dysmorphic disorder
Clienteles: Children, adolescents, adults
Languages: French, English

Quebec City & area

Léger, Éliane

Address: Centre de Traitement de l'Anxiété, 1379, chemin Ste-Foy, Suite 202-D, Quebec
Telephone: (418) 683-2303
Email: cta@qc.aira.com
Website: www.centretraitementanxiete.com
Profession: Clinical psychologist
Theoretical approach: Cognitive-behavioral psychology
Specialization(s): Assessment, treatment, support groups
Other disorder(s): Compulsive hoarding, hypochondriasis, habit disorders

South Shore

Fortier, Christiane MEMBER OF THE FOUNDATION!

Address: 28 Avenue Argyle, St-Lambert

Telephone: (514) 582 -0594

Email: psy@christianefortier.com

Profession: Clinical psychologist

Theoretical approach: Cognitive-behavioral approach

Specialization(s): OCD management, assessment, treatment, advice/support, education, anxiety disorders, mood disorders

Other disorder(s): Compulsive hoarding, hypochondriasis,

Clientele: Adults, elderly, adolescents (14 years old and over)

Language: French

Clienteles: Adolescents, adults

Language: French